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Spring Newsletter





Galatians 5:1 "It is for freedom that Christ has set us Free."

Now that Spring is here we think of new life coming. As an avid vegetable gardener, I am always hopeful for warmer weather when I see my seeds begin to sprout in my indoor starter garden. As a Christian I reflect again on the life giving death of my Saviour Jesus Christ.

As Freedom Centre begins to come to life in it's ministries and relationships are forming, we ask that you remember to pray for us, those we touch and for the continued resources to have an impact in the lives of veterans and our community. President of the Board **Rev. Rosemary Redshaw**



Sandwich in the Park

The Sandwich in the Park ministry has become a very special work for the volunteers involved. We have developed deep friendships with many who attend and look forward to seeing them. We are noting the number of seniors who attend, as well as the number of students from Conestoga that come for food.

Many students are desperately searching for work and cannot access our food banks. We have also had youth arrive on bikes or walk to us ill prepared for the harsh weather.

We also meet those who are truly homeless carrying all they own on their backs as they grab some nourishment and move on. We are committed to this ministry in our community, meeting people where they are and providing not just nourishment, but compassion.

Dismas Fellowship: A Community Of Hope

We provide a safe place for people returning from prison to meet with community volunteers to share a time of fellowship & friendship.

For more information, go to: www.dismasfellowshipnetwork.com

Dismas Fellowship

The Freedom Centre supports the Work of Dismas Fellowship, a support group for all those who have had conflict with the law. Please contact them to learn about supports in our community and their meeting at the Freedom Centre monthly. contact Paul (647) 525-8245



Community Neighbourhood Table

The Freedom Centre, has partnered with Kinbridge for our Tuesday night suppers on the first and third of the month. All are welcome to come for a great meal and lots of fun and music.

Welcome to our Newest Board Member



Tricia Williams is a retired Warehouse Supervisor for Colonial Cookies. Tricia was approached to be on the board due to her ability to see situations from a unique perspective and offer insights and questions that gives foresight to the direction of the Freedom Centre both short term and long term.

Tricia believes the Freedom Centre is God's work. Tricia is currently heading our Quilting program, which provides not only skills to the community, but Quilts of Valour for our veterans.

Volunteer Highlight

STEPHEN BUXTON

My name is Stephen and I have been volunteering with the Freedom Centre for the past four years. I originally got involved during their clothing sales by sorting items donated from Plato's Closet and am now involved in Sandwiches in the Park and the Quilting Club.



I love volunteering with the Freedom Centre because the people genuinely care about forming relationships and making a difference in the community.

The members in the Freedom Centre have brought me closer to working with the Lord and have helped me to grow out of my social awkwardness. The Freedom Centre is a force for good in Cambridge and I am proud to learn, support, and serve with them.

Conestoga College Students



Thankam

My name is Thankam, and I am from India. I come from a family of five and I am the youngest. Currently I am enrolled as a Community Service student in Conestoga College, and I aim to become a social worker who can help the community.

I am a person who loves to eat, travel, and explore. I hope one day I will become a person who can inspire others!



Stanley

My name is Stanley Nwokeji, I am a student at Conestoga College studying Management in Community Services. I am doing my placement with the Freedom Centre Canada. My experience with this organization has been quite inspiring, encouraging and motivating. I have been able to connect with the Veterans and the Preston Community. I have been able to build relationships that add value to lives as well as make a difference in their lives through community engagement that aligns with the organization's mission and vision mandates.

We are working on this Quilt of Valour!



Join us each Tuesday from 6:30 to 8:30 for our Quilting Program with Tricia. If you have never sewed, or want to work on a project, or are willing to be part of our project QUILT OF VALOUR, come and join us! Sewing machines and materials available.

For more information Call 226-988-9034 or info@freedomcentre.ca

Prayer Requests/Needs

We ask for your continued prayers and help in the following areas:

- The many struggling veterans who are homeless and in crisis in K-W
- Our Board members
- The many hungry people of K-W
- Our face in the community of Preston
- Need for paper plates, cups

Contact the Freedom Centre at: info@freedomcentre.ca or 226 988-9034

Your Donation Makes a Difference!

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